

Fund Raising

1. Requesting individual & corporate tax-deductible donations for funds, investments, grant proposals, estate planning, and volunteer services
2. Requests for book donations from authors and/or publishers to provide reference materials for youth, families and all educational levels
3. Special Events
4. Donation requests listed on our web site <http://www.smilelifework.org>
5. Selling gluten-free cookbook *Savory, Sweet, Delicious: Gluten-free Foods Everyone Will Love* and baking cookbook *Gluten-free Baking to Make You Smile*

Awards

2015 - Recognized by Molalla River School District as an Outstanding Community Partner

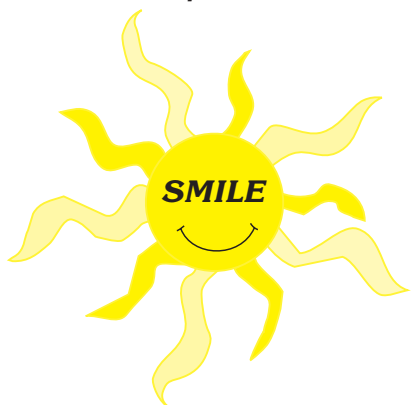
2013, 2012, 2011, 2007 - Volunteer Award from Spokane Regional Health District

2005 - AFSP-NW Youth Suicide Prevention Award

2001 - Eli Lilly, Special recognition Honoree for Destigmatization - Welcome Back Awards

2000 - J.C. Penney Golden Rule Award

501(c)3 Non-profit
Donations Accepted, Tax Deductible



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www.smilelifework.org

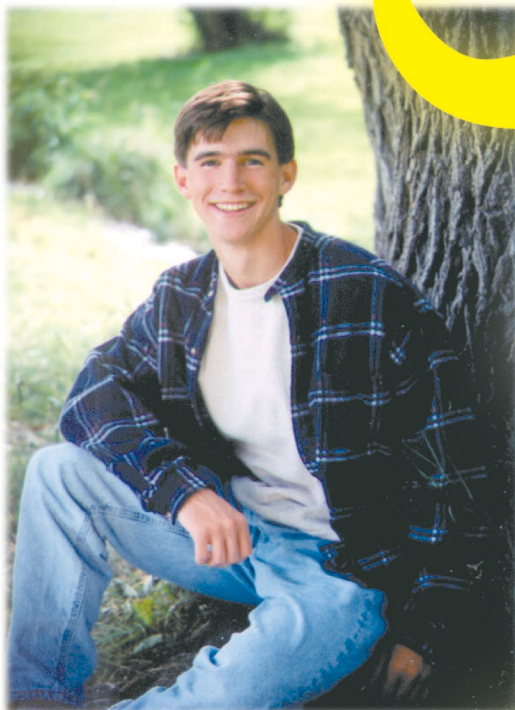


Photo courtesy of Scott Jones

Craig Toribara
1978-1995

*In memory of
all the precious lives we have lost.*

Ted Toribara, MDPresident
 Tim HunterCo-Vice President
 Susan Toribara, MBACo-Vice President
 Linda Lang, R.Ph.Secretary
 Amy Roberts, CPATreasurer
 Christie Toribara, R.Ph.....Executive Director
 Mona Griffin, Ed.D.NEWESD 101 Liaison
 Jim LangHistorian/Photography
 Matt Layton, MD, Ph.D.Medical Advisor
 Paul Quinnett, Ph.D.....Suicide Specialist
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 Hearn Brothers, Inc.....Printing

SMILE

**Sometimes
a smile can
make all the
difference!**

www.smilelifework.org
2019-2020

SMILE'S

Mission Statement

Born out of sorrow, SMILE, a 501(c)3 educational organization, is dedicated to the proposition that tragedies such as suicide, drug abuse, eating disorders, violence and other self-destructive behaviors, can be prevented by providing children and young people with the life skills they need to adequately cope with the challenges they will face throughout their lives.

The mission of SMILE is twofold: 1. Provide adults, parents, teachers, and medical professionals with the tools, education, and resources they need to effectively teach and demonstrate critical life skills. 2. Provide children and young people with the life skills they need to be aware of consequences and alternatives of their actions, thus empowering them to make self-enhancing choices.

SMILE understands some accepted practices and institutions in our society create inordinate levels of stress and can serve to dehumanize and alienate our children. These stress levels can lead to depression and/or a sense of hopelessness that these children aren't equipped to handle. In such circumstances, these young people frequently turn to self-destructive behaviors. It is SMILE's objective to modify, through education, these practices and institutions, while at the same time empowering our children to cope with any challenge life might present.

**This mission is dedicated
to the spirit and memory of
Craig Toribara
and other precious lives lost.**

www.smilelifework.org

Achievements

SMILE initiated education on at-risk issues in 1997. Caring professionals donate their time addressing important risk areas and building resiliency using the most current information available, creating greater awareness, correcting misconceptions, and dissipating stigma often associated with depression, affective disorders, and suicide. SMILE reaches over 100,000 students, their families, and connected adults in school districts yearly.

SMILE donates resources to all educational levels, youth/families, medical personnel, and organizations on drug addiction, abuse, grief, depression, PTSD, suicide prevention, anti-bullying, digital citizenship, human trafficking, resiliency, and other important topics. Resources available in English/Spanish on our website include The Starting Blocks (112 life-skills topics) and Overcoming Adversity.

Education on civility/anti-bullying started with Dr. Forni (Johns Hopkins University) and continues through grants to the Libby Center, NEWESD 101, and the Molalla River School District.

David Benoit, known jazz pianist/composer, began our work with students. Since then, over 500 students each year at the Libby Center have enjoyed learning areas of the arts, increasing communication skills, understanding cultural differences, enhance creativity, and strengthen all types of learning. Sponsored guests include: Janet Wong—poet, Patti Osebold—origami artist, Fellers—mask making/stories, Jon Pearson—imagery learning, Christi Anne—art, Jim Valley (Paul Revere & The Raiders) writing music, Kathy & Herman—photography, Deanna Camp—personal logo (graphic arts), Suzanne Ostersmith—dance/presentation, Bob Bishop math strategy, Whitworth drama on screenplay writing, Steve Schreiner on use/misuse of cyber space, Kyle Treece (attorney) on digital use and laws, & respect for self and others.

www.smilelifework.org

Current Projects

- 20th annual SMILE conference, Early Prevention, Future Success, co-hosted by NEWESD 101 will be October 23, 2019.
- The Grieving Resource—Books and Other References (revised) are given to families, professionals, & others grieving (available on our website). It is broken down into age groups, fiction/non-fiction, & areas of grief. Includes: Spanish, military websites, & anti-bullying websites.
- Educational resources are donated to the Opioid Addiction Center and WSU Medical School.
- SMILE provides grants to Molalla River School District, Libby Center, NEWESD 101 & Portland State University as part of the anti-bullying work, *Where Civility Begins, Bullying Ends*, to enhance education and prevention efforts aimed at eliminating bullying behaviors including education on crisis management, trauma, and cyber safety.
- Education on grief continues through presentations, with Hospice, and media interviews.
- Legislative initiatives are addressed and we are on committees for anti-bullying and suicide prevention education, including QPR.
- Our Outreach Program works with families/communities after a suicide attempt/loss or at other critical times with 228 contributions.
- SMILE continues donation of educational resources to families, schools, professionals, & other organizations working with youth.
- Our website gives families easily accessible information, including information and recipes for those with Celiac Sprue with the cookbook, *Savory, Sweet, Delicious*, also available in print format. The 2nd GF cookbook, *Gluten-free Baking to Make You SMILE* is available & 3rd (International recipes) book is in progress.

• www.smilelifework.org

STUDENTS MASTERING IMPORTANT LIFESKILLS EDUCATION